

Year 1.2

Autumn 1 Transition (as part of transition activities) Relationships & Healthy relationships → TenTen	Growth mindset
To know what strategies to use when working in a group.	Team player
To decide as a class our golden rules.	Team Player

TenTen: Module 1: Created and Loved by God

(7 sessions + week 1 10mins daily story to start unit)

- To recognise I am unique
- To know my body and what makes me healthy
- To communicate my feelings, likes and dislikes. (Ref)
- To start to recognise feelings in others, and how they might show this. (Ref)
- To recognise what fair, unfair, right and wrong mean. (Ref)
- To effectively listen to others and their opinions. (Inquisitive)

Autumn 2 Living in the wider world (tenten) Rights and responsibilities	Growth mindset
To understand my rights and the rights of others	Inquisitive
To know that as we grow we have more responsibilities.	Reflective
To learn about groups and communities that we belong to.	Inquisitive
To know what improves and harms the local environment	Reflective

TenTen: Module 3: Created to Live in Community

(2 sessions)

- To know what makes a community. (Inquisitive)
- To learn about the responsibility I have for others. (Team Player)
- To learn about groups and communities that we belong to. (Inquisitive)

*last objective in tenten but also to be followed on relevant to children and our area in other PSHE too (that's why objective still in box above also)

Spring 1 Health and Wellbeing Emotional and mental health	Growth mindset
To talk about a range of feelings, and contexts we might feel that way- e.g. frustrated, annoyed (recap Yr 1 happy sad, worried, angry).	Reflective
To know how to deal with good and not so good feelings.	Reflective
To know why rules keep us safe and why we make good choices or our own health.	Inquisitive
To think about our own choice that make us feel positive or negative.	Reflective
To understand different strategies how to deal with loss (objects/pets/friends/home/people).	Reflective

Spring 2 Relationships Feelings and emotions Valuing Difference	Growth mindset
To know what physical contact is acceptable in different contexts (<i>i.e. a stranger in school wearing a visitor badge you could shake hands/high five. A stranger in the street, different</i>)	Inquisitive
To identify what hurts people's bodies and feelings.	Reflective
To identify people's differences and similarities.	Team Player
To celebrate people's differences.	Team player
To know different types of teasing and bullying.	Resilience
To identify strategies how to cope with teasing and bullying.	Resilience

Summer 1 Health and Wellbeing Safety and physical Health <i>*Can dip into resources on tenten Module 2 (Key Stage 1) use din Year 1 overview but good starting place.</i>	Growth mindset
To understand rules that keep us safe e.g. road and online.	Inquisitive
To understand that growing brings new responsibilities (focus: secrets, when to say yes/no)	Reflective
To know how to respond to a range of adults, identifying those that could help us (Clever Never Goes)	Inquisitive
To know how important it is to maintain personal hygiene (dental focus, quick recap body focus from year 1 i.e. washing)	Reflective
To know what a healthy lifestyle is (eating likes and dislikes, and exercise)	Inquisitive

Summer 2 Living in the wider world Money matters (+ Transition for next class)	Growth mindset
To learn about where money comes from and what it is used for (wider world).	Inquisitive
To understand how to manage money.	Inquisitive
To know what influences money choices.	Inquisitive
To think about different consequences of good and bad choices around money.	Inquisitive